

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claes Steven

Coaches: Slabbaert Ann HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:8, starttime: 09:15
Heat: 8/27 Lane : 4 Athlete: DELCOIGNE ELLA			Q-time: 01:17:13
PB (50m pool): 01:14.67 Antwerpen 08/03/2026			PB (25m pool): 01:15.07 SB: 01:14.67 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:34.93	01:14.67	
	00:34.93	00:39.74	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:8, starttime: 09:15
Heat: 8/27 Lane : 9 Athlete: VERMEIR JOSEFIEN			Q-time: 01:18:36
PB (50m pool): 01:18.36 Antwerpen 13/07/2025			PB (25m pool): 01:22.99 SB: 01:18.93 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:38.78	01:18.36	
	00:38.78	00:39.58	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:9, starttime: 09:15
Heat: 9/27 Lane : 0 Athlete: TRONCKOE BENTE			Q-time: 01:16:64
PB (50m pool): 01:14.90 Molenbeek 01/02/2026			PB (25m pool): 01:17.79 SB: 01:14.90 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:14.90	
	no time		
			

Coach feedback:

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Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:14, starttime: 09:25
Heat: 14/27 Lane : 3 Athlete: NDIAYE MAÏ			Q-time: 01:11:26
PB (50m pool): 01:11.24 Antwerpen 08/03/2026			PB (25m pool): 01:07.33 SB: 01:11.24 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:34.18	01:11.24	
	00:34.18	00:37.06	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:16, starttime: 09:30
Heat: 16/27 Lane : 7 Athlete: VANDE GHINSTE AMBER			Q-time: 01:09:27
PB (50m pool): 01:09.46 Antwerpen 15/03/2026			PB (25m pool): 01:09.27 SB: 01:09.46 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:33.27	01:09.46	
	00:33.27	00:36.19	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:17, starttime: 09:30
Heat: 17/27 Lane : 5 Athlete: DE PRATER JUNO			Q-time: 01:08:59
PB (50m pool): 01:09.58 Antwerpen 15/03/2026			PB (25m pool): 01:07.54 SB: 01:09.58 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:33.33	01:09.58	
	00:33.33	00:36.25	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:19, starttime: 09:35
Heat: 19/27 Lane : 3 Athlete: WYFFELS LOUISE MARIE			Q-time: 01:06:92
PB (50m pool): 01:07.31 Molenbeek 01/02/2026			PB (25m pool): 01:06.92 SB: 01:07.31 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:07.31	
	no time		
			

Coach feedback:

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Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:19, starttime: 09:35
Heat: 19/27 Lane : 7 Athlete: FRANCKX MARGAUX			Q-time: 01:07:11
PB (50m pool): 01:06.16 Antwerpen 15/03/2026			PB (25m pool): 01:07.11 SB: 01:06.16 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:31.69	01:06.16	
	00:31.69	00:34.47	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:21, starttime: 09:35
Heat: 21/27 Lane : 6 Athlete: NSUBUGA SOFIA			Q-time: 01:05:01
PB (50m pool): 01:06.03 Antwerpen 20/07/2025			PB (25m pool): 01:05.01 SB: 01:06.18 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:31.95	01:06.03	
	00:31.95	00:34.08	
			

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11+			Heat:25, starttime: 09:40
Heat: 25/27 Lane : 5 Athlete: CIOBANU ANASTASIA			Q-time: 00:58:85
PB (50m pool): 01:00.70 Molenbeek 01/02/2026			PB (25m pool): 00:58.71 SB: 01:00.70 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:00.70	
	no time		
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:5, starttime: 10:00
Heat: 5/24 Lane : 0 Athlete: VAN DER MEIREN WILLIAM			Q-time: 01:49:53
PB (50m pool): 01:43.81 Antwerpen 15/03/2026			PB (25m pool): 01:49.53 SB: 01:43.81 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:50.61	01:43.81	
	00:50.61	00:53.20	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: DDAT

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:6, starttime: 10:00
Heat: 6/24 Lane : 4 Athlete: CLAES TIEBE			Q-time: 01:39:81
PB (50m pool): 01:44.02 Antwerpen 15/03/2026			PB (25m pool): 01:39.81 SB: 01:44.02 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:48.99	01:44.02	
	00:48.99	00:55.03	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:6, starttime: 10:00
Heat: 6/24 Lane : 7 Athlete: VANDEPITTE KYAN			Q-time: 01:42:90
PB (50m pool): 01:38.83 Antwerpen 15/03/2026			PB (25m pool): 01:36.82 SB: 01:38.83 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:47.31	01:38.83	
	00:47.31	00:51.52	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:11, starttime: 10:10
Heat: 11/24 Lane : 4 Athlete: TRONCKOE KOBE			Q-time: 01:31:09
PB (50m pool): 01:40.01 Molenbeek 01/02/2026			PB (25m pool): 01:31.09 SB: 01:40.01 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:40.01	
	no time		
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:11, starttime: 10:10
Heat: 11/24 Lane : 5 Athlete: DE MESMAEKER LOANN			Q-time: 01:31:34
PB (50m pool): 01:31.30 Antwerpen 15/03/2026			PB (25m pool): 01:27.71 SB: 01:31.30 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:42.70	01:31.30	
	00:42.70	00:48.60	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: DDAT

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:13, starttime: 10:15
Heat: 13/24 Lane : 9 Athlete: JACQUEMYNS KOBE			Q-time: 01:28:14
PB (50m pool): 01:31.08 Gent 08/02/2026			PB (25m pool): 01:27.42 SB: 01:31.08 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:42.88	01:31.08	
	00:42.88	00:48.20	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:16, starttime: 10:20
Heat: 16/24 Lane : 2 Athlete: CLAES ELIAN			Q-time: 01:22:89
PB (50m pool): 01:22.50 Gent 08/02/2026			PB (25m pool): 01:20.74 SB: 01:22.50 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:39.09	01:22.50	
	00:39.09	00:43.41	
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:19, starttime: 10:25
Heat: 19/24 Lane : 5 Athlete: DELCOIGNE NATHAN			Q-time: 01:18:26
PB (50m pool): 01:20.78 Molenbeek 01/02/2026			PB (25m pool): 01:14.80 SB: 01:20.78 Molenbeek 01/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:20.78	
	no time		
			

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:20, starttime: 10:30
Heat: 20/24 Lane : 0 Athlete: PUTTAERT ARTHUR			Q-time: 01:18:08
PB (50m pool): 01:18.20 Seraing 25/01/2026			PB (25m pool): 01:18.08 SB: 01:18.20 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:37.47	01:18.20	
	00:37.47	00:40.73	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: DDAT

Event number: 19: 100M BREASTSTROKE MEN 11+			Heat:21, starttime: 10:30
Heat: 21/24 Lane : 3 Athlete: SEGHERS MICHIEL			Q-time: 01:15:31
PB (50m pool): 01:25.50 Zwembad Brigitte Becue Oostend 19/05/2025 PB (25m pool): 01:15.31 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:25.50	
	no time		
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:9, starttime: 11:10
Heat: 9/25 Lane : 7 Athlete: VERMEIR JOSEFIEN			Q-time: 01:28:54
PB (50m pool): 01:28.54 Antwerpen 13/07/2025 PB (25m pool): 01:31.42 SB: 01:28.97 Charleroi 11/01/2026			
	5 0 M	1 0 0 M	
PB	00:43.79	01:28.54	
	00:43.79	00:44.75	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:12, starttime: 11:15
Heat: 12/25 Lane : 0 Athlete: DELCOIGNE ELLA			Q-time: 01:25:20
PB (50m pool): 01:27.53 Molenbeek 01/02/2026 PB (25m pool): 01:25.20 SB: 01:27.53 Molenbeek 01/02/2026			
	5 0 M	1 0 0 M	
PB	no time	01:27.53	
	no time		
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:13, starttime: 11:20
Heat: 13/25 Lane : 5 Athlete: VANDE GHINSTE AMBER			Q-time: 01:23:28
PB (50m pool): 01:26.86 Antwerpen 15/03/2026 PB (25m pool): 01:23.28 SB: 01:26.86 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:42.32	01:26.86	
	00:42.32	00:44.54	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: DDAT

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:13, starttime: 11:20
Heat: 13/25 Lane : 7 Athlete: NDIAYE MAÏ			Q-time: 01:23:61
PB (50m pool): 01:25.43 Antwerpen 08/03/2026			PB (25m pool): 01:19.92 SB: 01:25.43 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:41.62	01:25.43	
	00:41.62	00:43.81	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:14, starttime: 11:20
Heat: 14/25 Lane : 0 Athlete: TRONCKOE BENTE			Q-time: 01:23:11
PB (50m pool): 01:25.38 Antwerpen 15/03/2026			PB (25m pool): 01:20.13 SB: 01:25.38 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:42.26	01:25.38	
	00:42.26	00:43.12	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:17, starttime: 11:25
Heat: 17/25 Lane : 8 Athlete: DE PRATER JUNO			Q-time: 01:18:72
PB (50m pool): 01:19.64 Antwerpen 15/03/2026			PB (25m pool): 01:16.31 SB: 01:19.64 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:38.16	01:19.64	
	00:38.16	00:41.48	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:18, starttime: 11:30
Heat: 18/25 Lane : 3 Athlete: NSUBUGA SOFIA			Q-time: 01:17:28
PB (50m pool): 01:21.42 Antwerpen 15/03/2026			PB (25m pool): 01:07.98 SB: 01:21.42 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:40.17	01:21.42	
	00:40.17	00:41.25	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: DDAT

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:20, starttime: 11:30
Heat: 20/25 Lane : 7 Athlete: WYFFELS LOUISE MARIE			Q-time: 01:15:80
PB (50m pool): 01:16.12 Antwerpen 08/03/2026			PB (25m pool): 01:14.02 SB: 01:16.12 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:37.15	01:16.12	
	00:37.15	00:38.97	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:21, starttime: 11:35
Heat: 21/25 Lane : 2 Athlete: FRANCKX MARGAUX			Q-time: 01:14:36
PB (50m pool): 01:16.82 Antwerpen 15/03/2026			PB (25m pool): 01:14.36 SB: 01:16.82 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:36.42	01:16.82	
	00:36.42	00:40.40	
			

Coach feedback:

Event number: 20: 100M BACKSTROKE WOMEN 11+			Heat:24, starttime: 11:40
Heat: 24/25 Lane : 3 Athlete: CIOBANU ANASTASIA			Q-time: 01:08:56
PB (50m pool): 01:10.88 Antwerpen 22/03/2026			PB (25m pool): 01:05.88 SB: 01:10.88 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:34.00	01:10.88	
	00:34.00	00:36.88	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:4, starttime: 11:50
Heat: 4/22 Lane : 3 Athlete: VAN DER MEIREN WILLIAM			Q-time: 01:46:15
PB (50m pool): 01:34.54 Gent 08/02/2026			PB (25m pool): 01:46.15 SB: 01:34.54 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:44.65	01:34.54	
	00:44.65	00:49.89	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: DDAT

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:4, starttime: 11:50
Heat: 4/22 Lane : 4 Athlete: VANDEPITTE KYAN			Q-time: 01:45:59
PB (50m pool): 01:45.59 Gent 08/02/2026			PB (25m pool): 01:49.42 SB: 01:45.59 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:47.83	01:45.59	
	00:47.83	00:57.76	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 11:50
Heat: 5/22 Lane : 8 Athlete: CLAES TIEBE			Q-time: 01:42:95
PB (50m pool): 01:43.39 Gent 08/02/2026			PB (25m pool): 01:42.95 SB: 01:43.39 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:46.03	01:43.39	
	00:46.03	00:57.36	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:6, starttime: 11:55
Heat: 6/22 Lane : 7 Athlete: DE MESMAEKER LOANN			Q-time: 01:30:15
PB (50m pool): 01:27.04 Antwerpen 15/03/2026			PB (25m pool): 01:27.99 SB: 01:27.04 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:39.31	01:27.04	
	00:39.31	00:47.73	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:7, starttime: 11:55
Heat: 7/22 Lane : 9 Athlete: CLAES ELIAN			Q-time: 01:29:08
PB (50m pool): 01:34.65 Gent 08/02/2026			PB (25m pool): 01:29.08 SB: 01:34.65 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:41.96	01:34.65	
	00:41.96	00:52.69	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: DDAT

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:10, starttime: 12:00
Heat: 10/22 Lane : 4 Athlete: DELCOIGNE NATHAN			Q-time: 01:19:24
PB (50m pool): 01:22.02 Seraing 25/01/2026			PB (25m pool): 01:14.67 SB: 01:22.02 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:36.88	01:22.02	
	00:36.88	00:45.14	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:12, starttime: 12:05
Heat: 12/22 Lane : 4 Athlete: JACQUEMYNS KOBE			Q-time: 01:15:34
PB (50m pool): 01:11.67 Antwerpen 08/03/2026			PB (25m pool): 01:15.50 SB: 01:11.67 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:33.70	01:11.67	
	00:33.70	00:37.97	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:14, starttime: 12:10
Heat: 14/22 Lane : 4 Athlete: TRONCKOE KOBE			Q-time: 01:10:68
PB (50m pool): 01:12.47 Charleroi 11/01/2026			PB (25m pool): 01:08.74 SB: 01:12.47 Charleroi 11/01/2026
	5 0 M	1 0 0 M	
PB	00:32.02	01:12.47	
	00:32.02	00:40.45	
			

Coach feedback:

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:15, starttime: 12:10
Heat: 15/22 Lane : 9 Athlete: PUTTAERT ARTHUR			Q-time: 01:10:46
PB (50m pool): 01:13.78 Lago Gent Rozebroeken 04/05/2025			PB (25m pool): 01:09.27 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.89	01:13.78	
	00:33.89	00:39.89	
			

Coach feedback:

SPEEDOMEETING 2026: Session: 4: COACH evaluation sheet for TEAM: DDAT

Event number: 21: 100M BUTTERFLY MEN 11+			Heat:22, starttime: 12:20
Heat: 22/22 Lane : 5 Athlete: SEGHERS MICHIEL			Q-time: 00:58:08
PB (50m pool): 00:59.08 Antwerpen 28/07/2024			PB (25m pool): 00:58.08 SB: 01:00.84 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	00:59.08	
	no time		
			

Coach feedback: